



Week 1

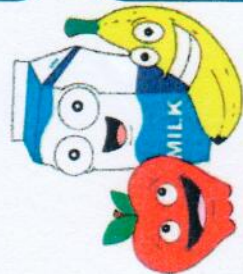
Main

Vegetarian

Carbs

Vegetables

Pudding



Milk & Sultanas

Served Daily

Friday

Breaded Salmon & Sweet Chilli Sauce

Veg Breaded Grill

New Potatoes or Spice Wedges

Peas

Lemon Shortbread

Thursday

BBQ Chicken Glaze

Quorn BBQ Fillet

Rice (Savoury)

Mixed Vegetables

Mixed Fruit with a swirl of fresh cream or Bakewell Tart

Wednesday

Gammon & Pineapple

Quorn Fillet Loaf

Roast Potatoes

Carrots & Cabbage

Beetroot & Chocolate Brownie/Muffin

Tuesday

Meatballs in tomato

Quorn Meatballs

Pasta and Bread

Sweetcorn

Fruity Flapjack

Monday

Cottage Pie

Quorn Cottage Pie

Yorkshire Pudding and Mash or Bread

Green Beans

Mango & Orange Smoothie

Freshly baked potatoes served with a choice of filling plus salad or hot vegetable accompaniment. The following fillings are served as a daily special:

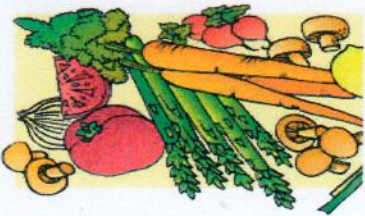
• Homemade Coleslaw • Baked Beans • Cheddar Cheese • Tuna Mayonnaise • BBQ Beans

Sandwiches available on a selection of breads with salad accompaniment. Serve the following fillings every day, plus the

daily special: • Egg Mayonnaise • Tuna Mayonnaise • Cheddar Cheese • Hummus • Cheese & Bean Pitta

Freshly prepared salad served each day with, tomato, cucumber, lettuce, peppers. Plus daily special:

• Couscous • Potato salad • coleslaw rice salad • pasta salad



Jugs of Water, Yoghurts Daily Fresh Fruit

